



# Introduction to Child Counselling Skills (Level 2 Award)

9:30am – 4:30pm, 175 St John St, London, EC1V 4LW

Tuesday 3 March 2026 – Tuesday 5 May 2026

Session	Date	Session Title
1	03.03.26	Helping Relationships: What is counselling
2	10.03.26	Understanding Emotion in Ourselves and Others
3	17.03.26	Play and Creativity: Verbal and non-verbal communication
4	24.03.26	Skills Practice and Tutorials
5	14.04.26	Intersectional Identities
6	21.04.26	Children and Young People's Mental Health: Risk and protective factors
7	28.04.26	Change and Endings
8	12.05.26	Final Tutorials