



Day 1: Background

Further inspiration and ideas



Further Inspiration



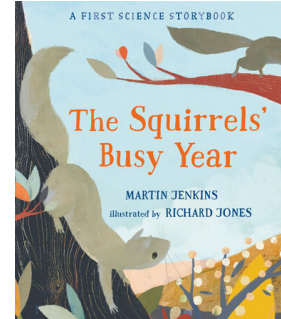
Pop up book video: a year in nature pop up book

youtube.com/watch?v=ar4-G-ujeac



Vivaldi's 'Four Seasons' animation

youtube.com/watch?v=3Csov5MShyA

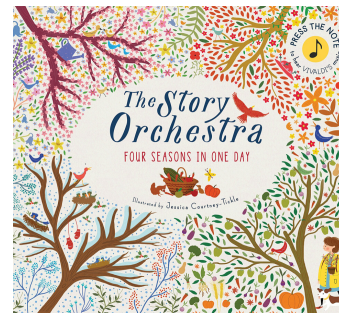


The Squirrel's Busy Year by Martin Jenkins

youtube.com/watch?v=CzNake9_Bag



Tree in four seasons showing different colour schemes



'The Story Orchestra: Four Seasons in One Day' by Jessica Courtney-Tickle – A storybook moving through all the seasons including Vivaldi's music

Further Think & Chat Questions



- Think about the differences between the seasons. If you could create your own season, what would it be like? Would it have a different name?
- What do you think it would be like to be a squirrel?

Optional Activities

Toilet Roll Trees

You will need:

- Cardboard toilet roll tubes
- Cotton balls or cotton wool
- Paper/card, paint/felt-tip pens
- Scissors
- Glue

Task Idea

Use toilet rolls and cotton to make seasonal trees. See more at: nontoygifts.com/four-season-tree-craft-cotton-balls/

Hand Trees

You will need:

- Paper/card
- Paint
- Pencil
- + Your hand of course!

Task Idea

Create four season trees by drawing around hand and using fingerprints for leaves. See more at: artycraftykids.com/art/four-season-handprint-tree/



Day 2: Winter

Further inspiration and ideas

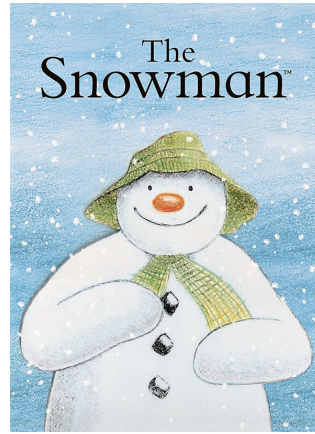


Further Inspiration



'The Wish Tree' by Kyo Maclear

[youtube.com/watch?v=XiTfx5s1oK4](https://www.youtube.com/watch?v=XiTfx5s1oK4)



'The Snowman' by Raymond Briggs

[channel4.com/programmes/the-snowman](https://www.channel4.com/programmes/the-snowman)

Further Think & Chat Questions

'The Wish Tree'

- If you were to see the wish tree like the boy what would it be like? What would you wish for?
-
- What wish do you think the boy made?
- What did the boy see on his journey to finding the wish tree?



Optional Activities



Creating Branches

You will need:

- Ink/Food colouring or paint mixed with water

Task Idea

Children can use the straw blowing technique to create the branches:

[youtube.com/watch?v=rAaD3hX-fsc](https://www.youtube.com/watch?v=rAaD3hX-fsc).



Day 3: Spring

Further inspiration and ideas

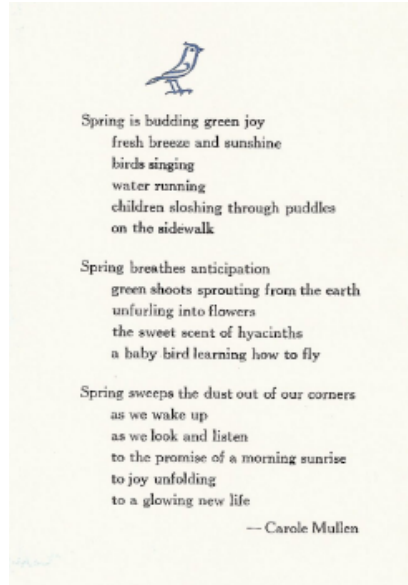


Further Inspiration



'And Then It's Spring' by Julie Fogliano

[youtube.com/watch?v=31VDPrq6hyo](https://www.youtube.com/watch?v=31VDPrq6hyo)



'Spring' by Carole Mullen

bit.ly/2XX7JVm

Further Think & Chat Questions

And Then It's Spring

- How long did the boy have to wait for the seeds to start growing?
- What do you think it was like for the boy while he waited for the seeds to grow?
- What would you like to grow?

'Spring' by Carole Mullen

- What images 'spring' to mind when reading the poem?
- Have you ever seen any of the things described in the poem?
- Can you come up with your own short poem about spring?

Optional Activities

Arrange Your Petals

You will need:

- Plastic poly pocket
- Newspaper/plain paper
- Iron or PVA glue
- Paintbrush & Scissors
- Petals, sticks & leaves
- Scissors
- Glue/Sellotape

Task Steps

- Collect flowers/petals.
- Arrange your collection in a plastic poly pocket (you might want to separate/cut big flowers so it is not too bulky).
- Use one sheet of newspaper or two sheets of A4 paper and place the plastic flower creation in between the paper.
- Put iron on a low/medium heat and carefully iron on top of the paper.
- Check to make sure the plastic is melting as this will ensure everything sticks together. You might want to cut out plastic petals and attach them to your tree or leave it whole.

You could also try:

Use petals/sticks/leaves to make insects (e.g. bees, butterflies, beetles) . See here: theinspirationgrid.com/insects-made-of-flowers-and-plants-by-raku-inoue/



! If using PVA glue, stick the flower arrangement down onto a piece of paper and brush carefully with PVA glue. Leave to dry. The glue will dry clear giving your flowers a shiny finish!

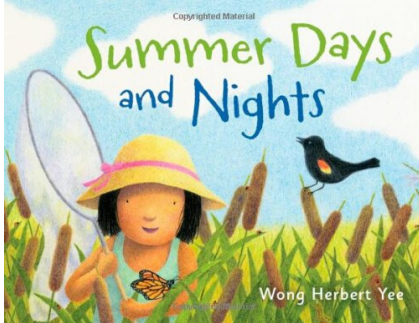


Day 4: Summer

Further inspiration and ideas



Further Inspiration



'Summer Days and Nights'

[youtube.com/watch?v=aPwcsNk18c4](https://www.youtube.com/watch?v=aPwcsNk18c4)



'Fruit tree' painting by Paul Cezanne

Further Think & Chat Questions



- What summer activities did the girl do in the story?
- What do you enjoy doing if you play outside?
- What animals or insects did the girl see or play with?
- The girl hears lots of things during her summer adventure. What does she hear?

Optional Activities

Fruit/Play Dough Animals

You will need:

- Plain flour
- Salt
- Vegetable oil
- Food colouring or acrylic paint added to water before mixing,
- Butter knife or cocktail stick for carving

Task Idea

Follow the link for instructions on how to make play dough at home. See more here:

youtu.be/jv73CEzY1jg



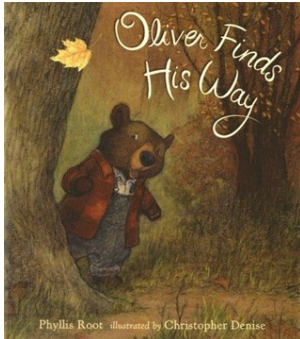


Day 5: Autumn

Further inspiration and ideas



Further Inspiration



'Oliver Finds His Way' by Phylliss Root

[.youtube.com/watch?v=IOB12ekrx6I](https://www.youtube.com/watch?v=IOB12ekrx6I)



'Autumn Leaves' by Georgia O'Keeffe

Further Think & Chat Questions



- Oliver felt sad when he thought he was lost. It's OK to feel sad like Oliver. Are there times or seasons when you feel lost or sad like Oliver?
- How did he help himself out of this situation?
- Explore self-help ideas and soothing activities your child can use in difficult situations. (E.g. speaking with a friend or family member, reading a book, listening to music, painting, singing, watching their favourite programme, playing a game).

Optional Activities

Create Trees From Petals & Leaves

You will need:

- Leaves & Petals
- Glue/sellotape
- Felt-tip pen to add detail

Task Idea



Leaf Rubbing With Crayons

You will need:

- Paper
- Leaves
- Crayons

Task Idea

