# Black History Art Project by The Art Room

At Place2Be we believe that art is a creative tool to develop resilience, build confidence and connect with others. Our Art Room team are specialists in using art to support and enhance children and young people's wellbeing and mental health.

Place

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## Project: Who inspires you?

As we come together to celebrate Black History Month, we encourage children and young people to explore the stories and lives of inspirational black people to help them think about who inspires them. By reflecting on the qualities and achievements of those they are inspired by, we want to support children in recognising their own strengths and hopes for the future.

#### Session Aims:

- To explore inspirational figures from Black History
- To think about who inspires you
- To create a portrait of an inspirational black person

'Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.'

(I)

Harriet Tubman, abolitionist and political activist.

### Inspire

#### 📕 Books



- 'Young, Gifted and Black' by Jamia Wilson
- 'Little Leaders' series by Vashti Harrison
- 'Little People, Big Dreams' series by Isabel Sanchez Vegara & Lisbeth Kaiser
- 'Henry's Freedom Box' by Ellen Levine
- 'Martin's Big Words: The Life of Dr. Martin Luther King, Jr.' by Doreen Rappaport
- 'What color is my world?' by Kareem Abdul-Jabbar & Raymond Obstfeld
- 'Hidden Figures' by Margot Lee Shetterly
  & Winifred Conkling

See more book ideas: <u>https://bit.ly/2EncWOG</u>

🌭 Art



'Black History Month' mural by Ernie Pryor

Artist Laetitia Ky creates sculptures from her hair



'One Human, One World' by

Kassou Seydou

Celebrating black British artists: <u>https://bit.ly/32PPdA2</u>

#### Further Inspiration





 Artist Neequaye 'Dreph' Dsane paints huge murals of black people across London. His 'You Are Enough' project empowers black women: <u>https://bit.ly/336PrTG</u>





https://spoti.fi/2Eox8Ql



### Create

You will need: coloured pens/pens/crayons/paint, paper/card, magazine/newspaper, scissors, glue/tape

#### Creative activity:

- Choose a black person who inspires you. They could be someone you have learnt about from Black History, a famous black person in the present, or even someone you know.
- 2. Think about their qualities and what they have achieved. Perhaps there are certain words, colours or symbols that come to mind when you imagine them?
- 3. Draw an outline of their portrait onto a piece of paper or card with a black pen or pencil. Use coloured pens, pencils, crayons or paint to add colour or patterns to the space surrounding the outline.
- 4. Decorate the inside of the portrait with colours, drawings and words, or cut and paste bits from magazines or newspapers. You could include images related to their life or quotes from them.
- Display your creation in a place where you can look up to your inspirational person every day and feel inspired.



# 🖓 Explore

- Think about the inspirational person you have chosen. What words would you use to describe them?
- If you could go back in time and meet an influential figure from black history, who would you choose? What would you like to ask or say to them?
- What will you do to change the world? What do you want to be remembered for?



Share your creations We'd love to see your artwork! Share photos of your creations with us on social media: <u>MoPlace2Be</u> <u>Place2Be</u>

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