	HEAD (CREATIVE/THINKING) *Decision making, analysis and improvement, creativity*	HEART (SOCIAL/FEELING) *Showing positive behaviour, health and fitness*	HANDS (PHYSICAL/DOING) *Leadership, technique and skills development*
Bronze	- Make a simple dance phrase - With help, describe their work - With help, focus on specific actions when they watch others	- Begin to work with a partner - Show some understanding of why they need to warm up - With help, make suggests of ways that they could improve their work. - Give and receive simple feedback	- Perform basic body actions - Respond to stimuli and musical accompaniment when given extra time. - Begin to explore dynamic and expressive qualities - Perform short dances, showing some understanding of expressive qualities
Silver	- Choose movements with different dynamic qualities to make a dance phrase that expresses an idea, mood, or feeling. - Describe the mood, feelings and expressive qualities of dance - Know why it is important to be active	- Work in pairs showing consideration - Describe how dancing affects their body. - Know why it is important to be active - Help support group members - Help themselves and others by making suggestions of improvement - Give and receive feedback	- Perform basic body actions with control and coordination - Link actions - Remember and repeat dance phrases - Perform short dances, showing an understanding of expressive qualities
Gold	- Create and improve more complex dance phrases - Use some simple dance vocabulary to describe and interpret dance	- Know how particular activities can help them to be healthy. - Give and receive constructive feedback - Work effectively in pairs, both same and mixed ability.	- Perform more complex dance phrases - Perform short dances, linking actions fluently and with control - Use dynamic and expressive qualities clearly in their dance

Assessment guideline criteria Linked to QCA Expectations 2000