



Introduction to Child Counselling Skills (Level 2 Award)

9:30am – 4:30pm, 175 St John St, London, EC1V 4LW

Monday 19 January 2026 – Monday 23 March 2026

Session	Date	Session Title
1	19.01.26	Helping Relationships: What is counselling
2	26.01.26	Understanding Emotion in Ourselves and Others
3	02.02.26	Play and Creativity: Verbal and non-verbal communication
4	09.02.26	Skills Practice and Tutorials
5	23.02.26	Intersectional Identities
6	02.03.26	Children and Young People's Mental Health: Risk and protective factors
7	09.03.26	Change and Endings
8	23.03.26	Final Tutorials