

KEY STAGE 2

PUNCHES

KEY STAGE 2

JUMPS

KEY STAGE 2

SUMO

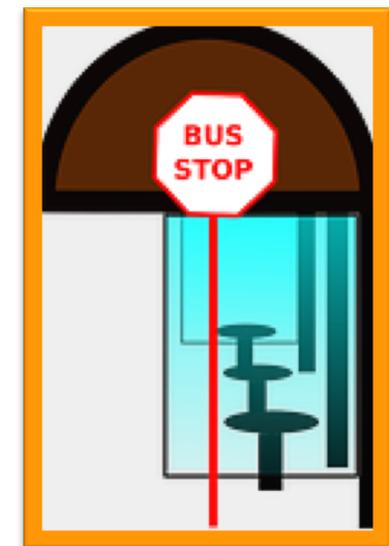
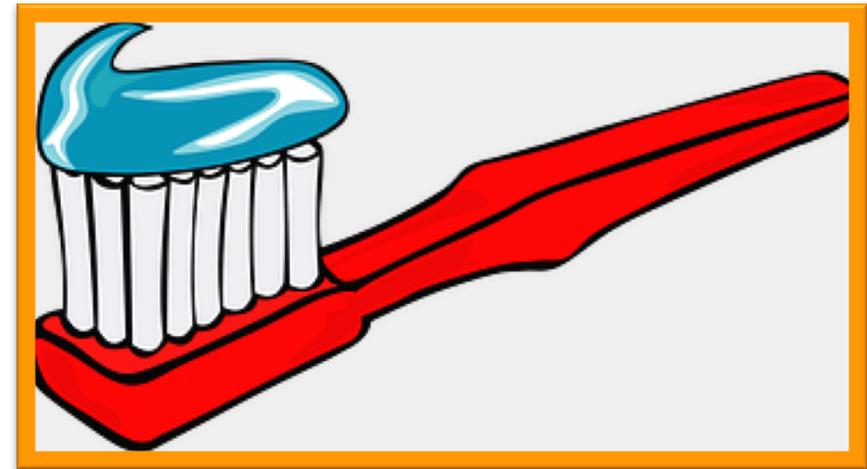
180

KEY STAGE 2

KNEE CRUNCHES







KEY STAGE 2

