



# Introduction to Child Counselling Skills (Level 2 Award)

9:30am – 4:30pm, 175 St John St, London, EC1V 4LW

Friday 4 September 2026 – Friday 30 October 2026

Session	Date	Session Title
1	04.09.26	Helping Relationships: What is counselling
2	11.09.26	Understanding Emotion in Ourselves and Others
3	18.09.26	Play and Creativity: Verbal and non-verbal communication
4	25.09.26	Skills Practice and Tutorials
5	02.10.26	Intersectional Identities
6	09.10.26	Children and Young People's Mental Health: Risk and protective factors
7	16.10.26	Change and Endings
8	30.10.26*	Final Tutorials

\*The date for the online final tutorial can be flexible (as 30 October is in the half-term and may not be possible for you) and can be agreed closer to the time with your tutor(s). The final tutorial is a 1-1 session and lasts for approx. 20 minutes.