

Further Inspiration and Ideas



Colours Project



Further 'Colour' Themed Inspiration



'Colour Study'
by Wassily
Kandinsky



A colourful mural
by Anna Taratiel



'The Snail'
by Henri Matisse

Optional Activities

Kandinsky Inspired Circles in Squares

You will need:

- paper/card
- ruler
- pens/pencils/crayons/paint
- coloured paper for collage (optional)

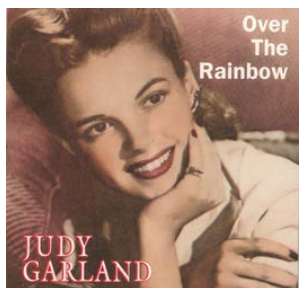
Task Idea:

Colour in, paint or collage colourful circles in squares like Wassily Kandinsky's painting 'Colour Study'. See more at: <https://bit.ly/3emZm15>

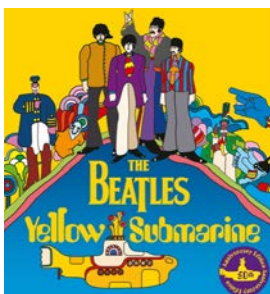


'Colour' Themed Music

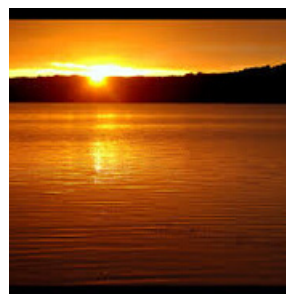
For more music follow our 'Colours Project' Playlist on  Spotify <https://spoti.fi/3d2hLbG>



'Over The Rainbow'
by Judy Garland



'Yellow Submarine'
by The Beatles



'Orange Sky'
by Alexi Murdoch

Grow a Rainbow

You will need:

- kitchen towel
- water-based marker pens
- small dish
- water
- paperclip
- thread

Task Idea:

Grow your own rainbow at home! See more at: <https://bit.ly/2CaUreN>

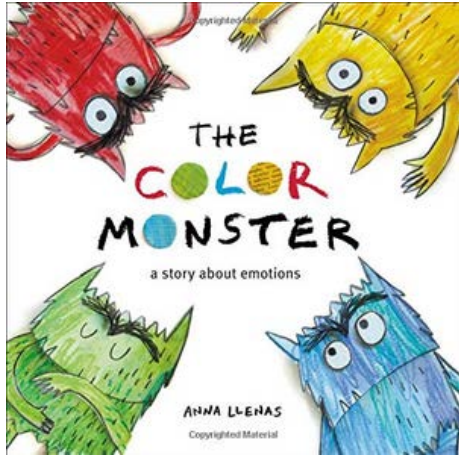




Activity 1: The Colours In Me

Further inspiration and ideas

Further Inspiration



'The Colour Monster'
by Anna Llenas
<https://bit.ly/3d8yiL8>



'Thoughts As Faces'
from Studio
Upstairs' Covid
Lockdown
Exhibition
<https://bit.ly/3d37V9r>



'Inside Out' book
based on the film
<https://bit.ly/3ejFDsN>

Optional Activities

'Mix it up' Activities

You will need:

- paper / card
- glue or tape
- pencils/pens/crayons
- cup
- paint
- scissors



Task Idea:

Read the story 'Mix it up' by Hervé Tullet: <https://bit.ly/2YJchNA>
Now watch this video for some fun activity ideas!
<https://bit.ly/37wfS5Q>



Further Think & Chat Questions

- When the Colour Monster felt confused about his feelings, the girl helped him to sort them out into jars. Who or what would you find helpful if your feelings were all mixed up like the monster's?
- Imagine that your feelings were characters like in the story 'Inside Out'. What would they be like?
- When go through different emotions or colours, the expression on our face may change. Pull different faces and let someone guess what feelings you're expressing!

My Feelings Plate

You will need:

- paper plate, or cut a circle out of cardboard
- pens/pencils/crayons/paint

Task Idea:

Create a plate which shows all of your feelings! See more at:
<https://bit.ly/2AyUINU>





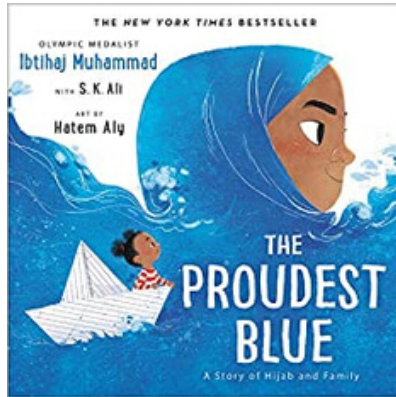
Activity 2: My Colours

Further inspiration and ideas

Further Inspiration



'Cubist Portrait'
Koola Adams



'The Proudest Blue'
Ibtihaj Muhammad
<https://bit.ly/2zC65i5>



'Marilyn Diptych'
Andy Warhol

Further Think & Chat Questions

- We are all different which makes us special. Can you think of colours that show the special things about you? What part of your identity are you most proud of?
- In 'The Proudest Blue' the children didn't understand the sister's hijab the same way as she does. What might it be like when school friends do not value what makes you special?
- The girl connects her sister's blue hijab with being strong and friendly. Does anyone you know wear colours that you think show something about who they are?

Optional Activities

Trace Hand Exercise

You will need:

- pen/pencil
- paper/card
- paint/crayons/felt-tip pens
- tape or glue
- magazines



Task Idea:

1. Find a piece of paper or a clean flat surface like card from a cereal box.
2. Trace around your hand.
3. Think about representing five most important things to you through using colour, words, or decoration with felt-tip pens/crayons/paints or paste coloured paper from magazines.

Draw a Cubist Portrait

You will need:

- pen/pencil
- paper/card
- paints/crayons/felt-tip pens
- tape or glue
- magazines

Task Idea:

Click the link below on how to make your colourful cubist portrait: <https://bit.ly/2Bd3dst>





Activity 3: My Colours

Further inspiration and ideas

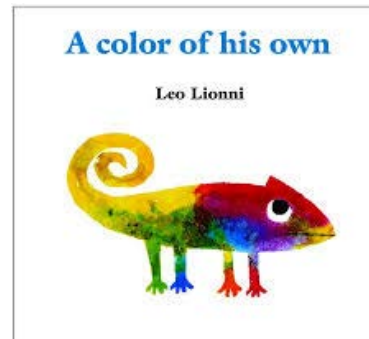
Further Inspiration

Imagine waking up and colours are no more...
Would our mind and memory cherish the rainbow we once saw? Could we still picture the shades of the books on our shelf? Would the absence of colour affect our thoughts and mental health? Could we still find a way to see the colours of the flowers? Would searching for something lost take hours and hours? Could you find as much pleasure living a life in black and white? For a monochrome world would blur the day into the night...

Poem about a world without colour by Adele New



'Klezmer Music Band'
by Leon Zernitsky



'A Color of his Own' by
Leo Lionni
<https://bit.ly/2BvomPO>

Optional Activities

Stained Glass Name Design



You will need:

- paper
- coloured pencils or pens (including black)
- coloured paper/ magazines and glue

Task Idea:

Click the link below to make your colourful stained glass name. (If you do not have coloured pencils or pens, you could use tear up coloured magazine paper instead).

<https://bit.ly/2YTfM5G>

How to Make Abstract Art

You will need:

- pen/pencil
- paper/card
- paints/crayons/felt-tip pens
- magazines

Task Idea:

Click the link below on how to make your colourful abstract art:

<https://bit.ly/38jj5G6>



Further Think & Chat Questions

- What do you think it would be like if all the colours in the world disappeared? What would you miss?
- Unlike other animals, chameleons change colour to match what is around them. What do you think it is like to be a chameleon like the one in the book, 'A Color of His Own'? Where would you hang out most often and what colours would surround you?
- The Chameleon felt left out till he came across another chameleon who understood him. Together they could share their 'true colours.' Are there others who you find helpful and comfortable to be around?