



# Introduction to Child Counselling Skills (Level 2 Award)

9:30am – 4:30pm, 175 St John St, London, EC1V 4LW

Tuesday 11 August 2026 – Tuesday 6 October 2026

Session	Date	Session Title
1	11.08.26	Helping Relationships: What is counselling
2	18.08.26	Understanding Emotion in Ourselves and Others
3	25.08.26	Play and Creativity: Verbal and non-verbal communication
4	01.09.26	Skills Practice and Tutorials
5	08.09.26	Intersectional Identities
6	15.09.26	Children and Young People's Mental Health: Risk and protective factors
7	22.09.26	Change and Endings
8	06.10.26	Final Tutorials