	HEAD (CREATIVE/THINKING) *Decision making, analysis and improvement, creativity*	HEART (SOCIAL/FEELING) *Showing positive behaviour, health and fitness*	HANDS (PHYSICAL/DOING) *Leadership, technique and skills development*
Bronze	- With help, make simple statements about their own and other people's work - Understand size and scale of movement - Understand the use of narrative	- Work in a group to refine and practise movement ideas and phrases - Show some understanding of how to warm up and cool down.	- Copy and explore simple ideas - Link and remember a limited amount of movement material -
Silver	- Respond imaginatively to a range of stimuli related to character and narrative - Describe, interpret and evaluate dance, using appropriate language - Describe and create a narrative	- Work on their own, in a partner and in a group	- Use simple motifs and movement patterns to structure dance phrases. - Refine, repeat and remember dance phrases and dances - Perform dances clearly and fluently - Show contrast in size of movement
Gold	- Develop movement ideas for others - Use a range of dance vocabulary to describe, interpret and evaluate dance - Describe and create a clear narrative	- Give reasons why physical activity is good for health - Give others ideas for movement development	- Structure and vary longer dances - Show a good sense of rhythm and style when performing - Remember and perform a range of warm up and cool down activities - Use size of movement to demonstrate an activity

Assessment guideline criteria Linked to QCA Expectations 2000