



Introduction to Child Counselling Skills (Level 2 Award)

9:30am – 4:30pm, 175 St John St, London, EC1V 4LW

Saturday 7 February 2026 – Saturday 2 May 2026

Session	Date	Session Title
1	07.02.26	Helping Relationships: What is counselling
2	14.02.26	Understanding Emotion in Ourselves and Others
3	07.03.26	Play and Creativity: Verbal and non-verbal communication
4	14.03.26	Skills Practice and Tutorials
5	21.03.26	Intersectional Identities
6	11.04.26	Children and Young People's Mental Health: Risk and protective factors
7	18.04.26	Change and Endings
8	02.05.26	Final Tutorials