



# Introduction to Child Counselling Skills (Level 2 Award)

9:30am – 4:30pm, esea contemporary, 13 Thomas St, Manchester M4 1EU  
Friday 5 September 2025 – Friday 7 November 2025

Session	Date	Session Title
1	05.09.25	Helping Relationships: What is counselling
2	12.09.25	Understanding Emotion in Ourselves and Others
3	19.09.25	Play and Creativity: Verbal and non-verbal communication
4	26.09.25	Skills Practice and Tutorials
5	03.10.25	Intersectional Identities
6	10.10.25	Children and Young People's Mental Health: Risk and protective factors
7	17.10.25	Change and Endings
8	07.11.25	Final Tutorials